

2022 LONG ISLAND SUMMER SHOWDOWN Game Rules:

- **2021 NCAA Rules Apply**

- **Exceptions:**

RULES & WARNINGS

- There are NO Shot clocks of any kind ever.
- Dives are NOT allowed
- NO stick checks by refs unless requested by coach and any heads can be used still.
- Teams must clear midline in 20 seconds but there are NO shot clocks or touch it in requirements.
- Winning Team must 'Keep it in the Box' only in final 2 minutes of game if winning by 2 goals or less. 3 or more they do NOT have to keep it in. The referee will give warning and give 10 seconds to get it in and keep it in.
- FACE-OFFS: A standing neutral grip is required (**no knee down**)

Game Timing and Management:

- No Timeouts
- 2 – 21 minute halves; 1 minute half time (If heat is an issue 4 -10 min quarters will be added)
- All game clock is run on a central horn
- Penalty time will be kept by the scorer's table

Other Information:

- Teams must submit their roster for the waiver process
- Please be aware that balls can and will fly from fields (shots or passes) and cause serious bodily harm. Do not sit directly behind goals or within reach of errant shots that could travel up to 100 yards from a goal.
- Any incident of poor sportsmanship will result in ejection from the tournament.